

NHS
National Treatment Agency
for Substance Misuse

The North West Recovery Forum and growing recovery communities

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Effective treatment. Changing lives

How we got here

1. Make Contact	✓ Needle and Syringe Exchanges
2. Maintain Contact	✓ Easy Access To Maintenance Medication Programmes
3. Make Positive Lifestyle Changes	Whole family and community based solutions: <i>"I cant but WE can"</i>

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Why did we do it?



Too many of us were stuck?

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We had - Visible Contagious Addiction

- Addiction - a "disease" of exposure
- Social contagion, Epidemics, Families "catching addiction".
- Collision between personal vulnerability and social opportunity
- Active addiction is **visible** and **contagious** and attracts vulnerable people in vulnerable families in vulnerable communities
- Does being in standard orthodox medical treatment look very different to active addiction?
 - Do people in treatment look like success stories?
 - Is treatment something to aspire to?

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In treatment but socially isolated



Stuck and alone

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We needed - Visible Contagious Recovery

- Recovery - a "process" of exposure
- Catch it from other people in recovery
- Families "catch recovery".
- Need to have people spreading recovery
- Visible people whose recovery is contagious
- Being in recovery looks like a success to aspire to
- People with wide social networks as recovery champions
- Where are they?

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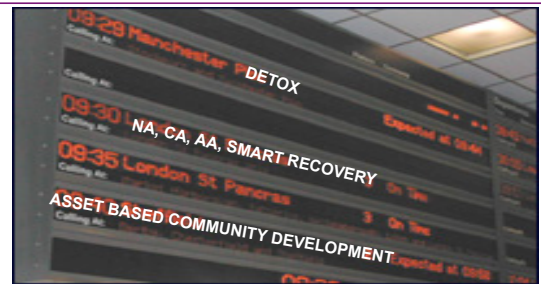
WE NEEDED - MOVEMENT *Recovery: The Freedom Train*



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Recovery & Freedom Train Timetable



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We are social animals. I cant but WE can

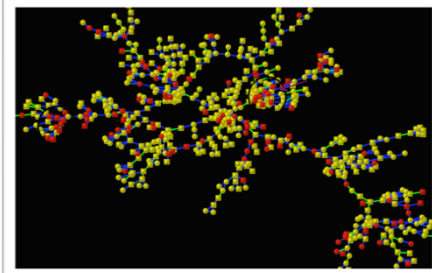


Moving on together

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Visible Contagious Addiction



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Recovery Oriented Integrated Systems (ROIS)

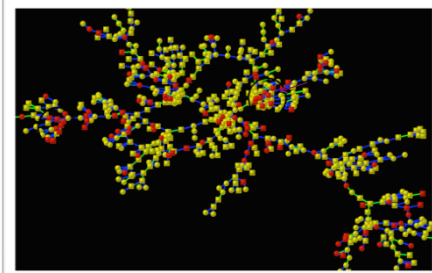
bridge the gap...



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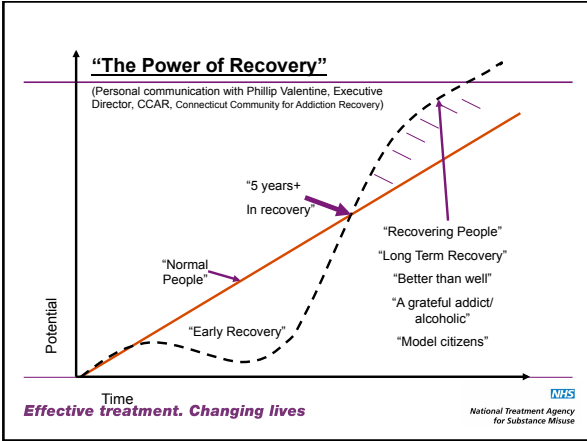
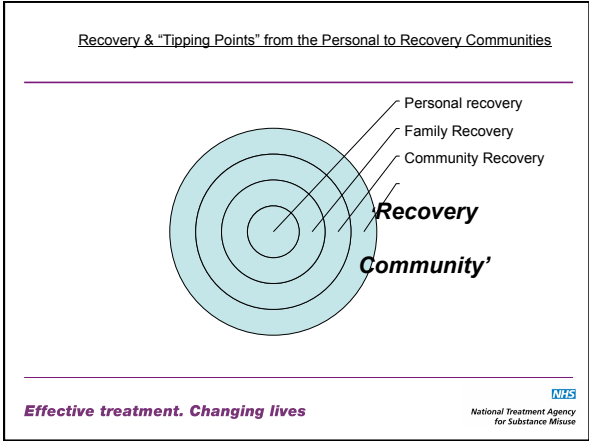
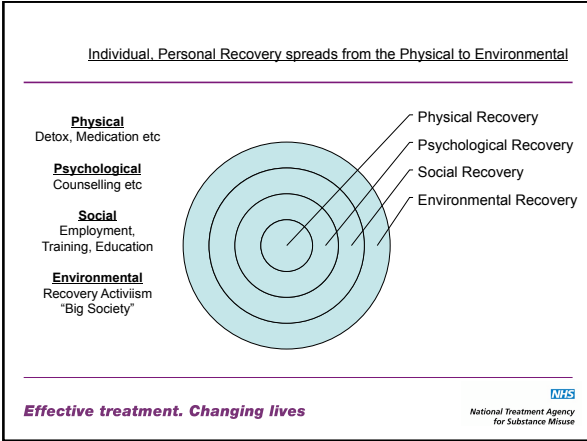

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Visible Contagious Recovery



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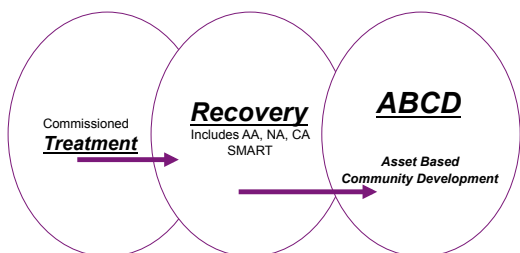


<u>Deficit Based Approach</u>	<u>Asset Based Approach</u>
Weaknesses	Strengths
Outside In	Inside Out
Dependence on outside Professionals	Dependence on each other
Consumers of services	Partners in provision of services
Professionals non-judgemental training makes challenge difficult	Challenge each other to "do the right thing"
Disabilities	Abilities, capacities, Assets
Client	Citizen
Passive victim of problems	Active participant in solutions

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Treatment - Recovery - ABCD



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